TSAWWASSEN FIRST NATION WEEKLY PUBLICATION THURSDAY, SEPT 24, 202

# COMMUNITY NOTICE

### scəwaθən məsteyəx<sup>w</sup>

### NEW THIS ISSUE

- TFN Immunization Clinic
- Orange Shirt Day September 30
- Natural Resources Update: September 24-30
- Joint Statement on B.C.'s COVID-19 response: September 24
- New Employment & Training Options
- COVID-19 Survey Infographic

Important Dates to Remember



### **SEPTEMBER 24**

 Territory Management Update ZOOM

### **SEPTEMBER 30**

- TFN Placemaking Project
- Orange Shirt Day

### **OCTOBER 24**

Annual General Gathering

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### EDUCATION, TRAINING & JOBS

**Employment & Training Opportunities** 

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### WANT TO POST SOMETHING IN THE COMMUNITY NOTICE?

- communications@ tsawwassenfirstnation.com
- KAITLIN WILLIAMS 604.831.5453 (cell)

SUBMISSION DEADLINE: WEDNESDAYS at 12:00noon

Late submissions cannot be accommodated. Submissions received after NOON on Wednesday will be published in the following week's issue.

### COMPLIANCE/

ENFORCEMENT ISSUE? Tuesday–Friday, 10 am-8pm Call San Uppal 604.803.9527 Saturday–Tuesday, 8am-6pm Call Abu Ghafoori 604.785.4107

### NEW ADDRESS OR PHONE#?

Remember to forward your updated contact information to Records Clerk Maryanne Adams. In Person or by Post: 1926 Tsawwassen Drive, Tsawwassen, BC V4M 4G2 Phone: 604-834-7484 (cell)

Toll-free: 1-888-943-2112 ext 290 By Fax: 604-943-9226

By Email: enrollinfo@ tsawwassenfirstnation.com madams@ tsawwassenfirstnation.com

### **Government Submissions**

### **TFN Flu Immunization Clinics**

### BY APPOINTMENT ONLY

Oct 15th 2020 between 9:30AM -11:30AM and 1:00PM – 4:00PM Nov 19th 2020 between 9:30AM -11:30AM and 1:00PM – 4:00PM.

LOCATION: "NEW" South Delta Health Unit 1826-4949 Canoe Pass Way.

TO BOOK A SPOT PLEASE CALL Radika: 604-908-3015

### **Tax Panel Engagement Plan 2020**

LOCATION	DATES	
ZOOM	MONDAY, MAY 25 @ 4PM	Advisory Council introductory session (same as May 11 Legislature intro session)
ZOOM	MONDAY, JUNE 29 @ 4PM	Taxation refresher/financial backgrounder
ZOOM	MONDAY, JULY 27 @ 4PM	Property Tax
ZOOM	MONDAY, AUGUST 24 @ 4PM	Income Tax
TBD	MONDAY, SEPTEMBER 21 @ TBD	Child Tax Credit/Benefit
TBD	MONDAY, OCTOBER 19 @ TBD	TFN approach to finance, taxation and services
TBD	MONDAY, NOVEMBER 16 @ TBD	Property, Income Tax & Child Credit/Benefit recommended mitigation approach
твр	MONDAY, DECEMBER 14 @ TBD	Summary of progress and outline of next steps

# TSAWWASSEN FIRST NATION SAVE THE DATE



ZOOM VIRTUAL EVENT

## october 24

2020

9:00 am to 12:00 NOON SEE THE COMMUNITY NEWSLETTER FOR CURRENT UPDATES



scəẁaθən məsteyəx<sup>w</sup> tsawwassen first nation

### Naloxone Kits Available

If you currently have an expired injectable Naloxone kit (expiry date listed on the kit) please connect with the HSS Health team and we can easily provide you with a new kit. Feel free to reach out to: Riz (604) 313-8937

Wendy (604) 230-8789 or Radika (604) 908-3015

### **TERRITORY MANAGEMENT: UPDATE ON MAJOR PROJECTS**

There are currently 8 Major Projects happening within Tsawwassen's Traditional Territory! Want to know more about them and share your questions or concerns?

### Come to the Zoom meeting being held on: Thursday, September 24th @ 4:00pm-5:30pm

Topics will include the following:

- TMJ Tilbury Marine Jetty (formerly WesPac)
- Tilbury Phase 2 LNG
- PBRP Pattullo Bridge Replacement Project
- TMX Trans Mountain Expansion Project
- · GMC George Massey Crossing Project
- · DGF Delta Grinding Facility Project
- RBT2 Roberts Bank Terminal 2 Project
- GCT Deltaport Berth Four Project \*NEW\*

To access the Zoom meeting password and ask any questions you may have, please email Sheila Williams at **swilliams@tsawwassenfirstnation.com** or call **604-838-9323** 

### TFN PLACEMAKING PROJECT: TFN NEEDS YOUR INPUT!

### Please complete the survey through the survey monkey, to tell us what placemaking on TFN lands means to you:

https://www.surveymonkey.com/r/66KD5MR

We have the last online opportunity open to all members (on and off lands) to understand the Placemaking themes, as well as tell us what placemaking on TFN lands means to you!

### PLEASE MARK YOUR CALENDARS!

### ZOOM meeting on Wednesday, Sept 30th from 1:00pm-2:00pm

Join Zoom Meeting	855 703 8985 Canada Toll-free	+1 646 558 8656 US (New York)
<u>https://us02web.zoom.us/j/81438787370</u>	+1 669 219 2599 US (San Jose)	+1 651 372 8299 US (St. Paul)
	+1 669 900 9128 US (San Jose)	877 853 5257 US Toll-free
Meeting ID: 814 3878 7370	+1 720 928 9299 US (Denver)	888 475 4499 US Toll-free
One tap mobile	+1 786 635 1003 US (Miami)	833 548 0276 US Toll-free
+14388097799,,81438787370# Canada	+1 971 247 1195 US (Portland)	833 548 0282 US Toll-free
+15873281099,,81438787370# Canada	+1 213 338 8477 US (Los Angeles)	Meeting ID: 814 3878 7370
	+1 253 215 8782 US (Tacoma)	Find your local number: https://
Dial by your location	+1 301 715 8592 US (Germantown)	us02web.zoom.us/u/kb0Pw7MwYi
+1 438 809 7799 Canada	+1 312 626 6799 US (Chicago)	Please refer to the Placemaking
+1 587 328 1099 Canada	+1 346 248 7799 US (Houston)	project document and survey questions attached and the word
+1 647 374 4685 Canada	+1 470 250 9358 US (Atlanta)	document with Zoom log in details.
+1 647 558 0588 Canada	+1 602 753 0140 US (Phoenix)	Email Kris Patel at <u>kpatel@</u>
+1 778 907 2071 Canada	+1 646 518 9805 US (New York)	tsawwassenfirstnation.com if you have any questions. Thank you!



### TFN PLACEMAKING PROJECT: TFN NEEDS NATURE INSPIRED TFN PHOTOS!

A pilot project of the TFN placemaking initiative is considering wrapping some existing utility boxes within the Members Priority Area. If you have any photos that show the nature, landscape, history around TFN lands, please email them to Andrea Jacobs at ajacobs@tsawwassenfirstnation. com before Monday, September 28, 2020.

The Placemaking initiative has been recognized as a legacy project to create a unique identity for TFN lands. The placemaking themes can be broadly categorized into banners, streetscape furnishings, public transit shelters, signage, murals, playgrounds, parks, public art, gateways, vinyl wraps that can be applied on utility boxes, lamp standards, recycling bins, industrial containers, metal railings, signage structures and other architectural forms.



On May 05, 2020 EC approved awarding a contract to Eric Robertson as the "Art Consultant" leading the background work for this project.

**Phase 1**, completed by the Consultant consists of background research of various existing placemaking ideas, concepts, which is a visual compilation of material, gathered on-sites and online with most images documented on Vancouver Island, within the Coast Salish traditional territory, produced by indigenous artists and informed by Coast Salish themes.

**Phase 2** of this project has begun. So far, we have connected with TFN Youth, Elders through Zoom meeting and with the Advisory Council through Zoom meeting, to share some existing placemaking examples. We have also emailed and mailed surveys to all members on and off lands seek your input and understand what placemaking on TFN lands means to you. Please email back competed surveys to kpatel@tsawwassenfirstnation.com before September 30, 2020. Your ideas on what Placemaking means for TFN lands is very important!!!

**Phase 3** will involve the Art Consultant working collaboratively with a list of resident artists on various components of placemaking. If you would like to be included in the list of resident artists, please email Andrea Jacobs at ajacobs@tsawwassenfirstnation.com before September 30, 2020.

### THANK YOU!



### **TFN ROAD ACCESS NOTIFICATION 2020**

### NOTICE OF WORK - FALCON WAY

As part of the development work for the Boardwalk Project, Aquilini/TFSI Development LP will be completing a watermain connection on Falcon Way at Heron Court. There will be no interruption to water service to Falcon Way residents during the connection work. To complete the work there will be periods where there will be single lane, alternating traffic. Traffic control will be in place during these times.

### Work will commence on September 8th and be complete by September 25th.

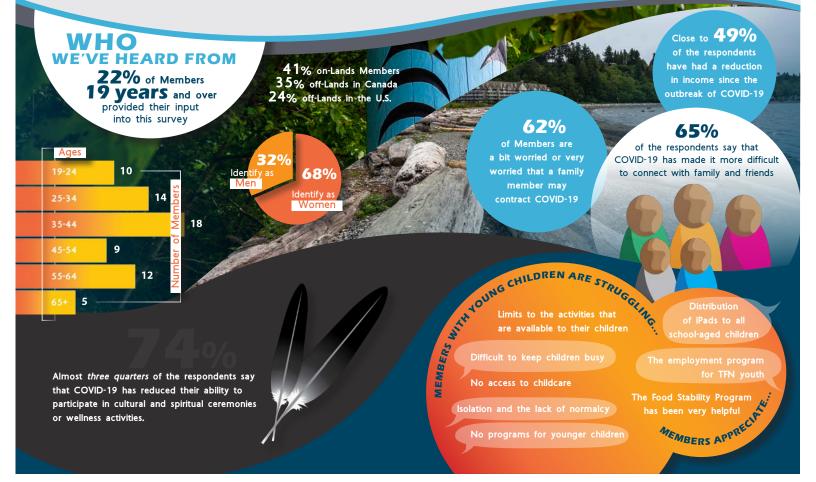
If you have any questions or concerns please contact Aquilini/TFSI Development at 604.899.5357



### **Government Submissions**

## COVID-19 TFN SURVEY

During the month of August 2020, the Policy, Intergovernmental Affairs and Government Services department (PIGA/GS) conducted a **COVID-19 Support Survey** upon request from Executive Council. The objective of the survey was to get a better understanding of how COVID-19 has affected **Tsawwassen Members**. In addition, we wanted to understand how the Tsawwassen Government can best support Members during the pandemic.



## COVID-19 TFN SURVEY

Find out more about Tsawwassen First Nation's steps during the COVID-19 pandemic at www.tsawwassenfirstnation.com

#### "HAS THE ISOLATION HAD A NEGATIVE IMPACT ON YOUR MENTAL HEALTH?"

**29%** of the respondents experience **anxiety** related to COVID-19 all the time

44% that answer sometimes

That's a combined total of **73%** respondents that experience anxiety related to COVID-19

### THANK YOU TO THOSE WHO PARTICIPATED IN OUR COVID-19 SURVEY

We've heard all of you, and we are using these results to inform our next steps

### WE ARE HERE TO SUPPORT YOU & YOU ARE NOT ALONE

### YOUR NATURAL RESOURCES DEPARTMENT WEEKLY UPDATE FOR SEPTEMBER 24 - SEPTEMBER 30

### Crab tank:

A note to TFN Crabbers there is space in the crab tank to accept new submissions. We ask that you contact any of our team during office ours to arrange drop off.

### Welcome to New Staff:

TFN Natural Resources Department would like to welcome Curtis Tyson. Curtis is our new department technician, who will be assisting with day to day aspects of the department as well as more specialized work that the department undertakes throughout the year. We look forward to working with you Curtis and our hands go up to you.

### Freezer Burnt Fish:

Do you have any freezer burnt fish taking up space in your freezer that you would like to clear out? Please contact Kyle Flindt at 604-230-7174, to plan. We will collect your fish and take it to donate to OWL Rehabilitation on behalf of TFN.

### Invasive Green Crab Trapping and Monitoring:

An introduced species, the European Green Crab has been spotted in Boundary Bay, and there is concern regarding its potential transfer to the Roberts Bank and TFN foreshore area. The European Green Crab poses a risk to resident species and native eel grass.

TFN staff were out doing trapping this past week in the first month of what hopes to be a sustained effort to locate, trap and mitigate this potential threat. So far none of have been located and we will provide follow up updates in future months to come.

Please see following pages regarding identification and process for notification procedures.

Thursday 24		Friday 25		Saturday 26		Sunday 27		Monday 28		Tuesd	lay 29	Wednesday 30	
05:44	1.1m	06:50	1.2m	00:22	3.4m	01:53	3.4m	03:11	3.4m	04:14	3.5m	05:07	3.6m
13:45	4.1m	14:56	4.1m	07:58	1.3m	09:01	1.4m	09:55	1.4m	10:41	1.5m	11:21	1.7m
19:12	3.3m	20:50	3.2m	15:52	4.2m	16:36	4.2m	17:11	4.1m	17:39	4.1m	18:03	4.1m
23:02	3.6m			21:52	3m	22:34	2.8m	23:09	2.6m	23:40	2.4m		
		-				-							

### Tide Charts for September 24 - September 30

### **Natural Resources Update**



### There are many types of crabs that are green in colour, but only the European Green Crab has 5 spines.

BC's diverse and productive salt marshes and estuaries now face a potentially destructive invader. The European Green Crab (*Carcinus maenas*) is considered one of the world's worst invasive species. It can alter shoreline ecosystems and negatively impact economically and culturally important species and habitats including eelgrass beds that provide food and cover for juvenile salmon.



Fisheries and Oceans F Canada C

Pêches et Océans Canada

STRAIT OF GEORGIA DATA CENTRE: WWW.SOGDATACENTRE.CA



### **Natural Resources Update**



### How to identify European Green Crabs:

- > 5 spines (or marginal teeth) to the outside of each eye
- > Up to 10 cm across the carapace (or back shell)
- > Wider at front than back of the carapace
- > Although often referred to as "green crab," color is not its distinguishing feature. The actual color can vary from dark mottled green to orange.

#### **Biology and preferred habitats**

European Green Crabs prefer sheltered areas such as lagoons, braided estuarine channels, and bays with saltmarsh or eelgrass vegetation. The preferred substrate is mud/sand however there are instances in BC where the Green Crabs have been found on gravel beaches. Preferred prey is bivalves, small crabs, and polychaete worms. Green Crabs can negatively affect eelgrass beds in search of prey items.

### Not to be confused with our native crabs:







Hairy Helmet Crab Hairy Shore Crab

#### What can you do?

**REPORT** – If you think you have found a European Green Crab, please email a photo, date of observation and the location to: AISPACIFIC@DFO-MPO.GC.CA

#### Help stop the spread of invasive species

Please ensure you are not transporting the European Green Crab from one area to another by remembering to practice:



CLEAN – plants, animals and mud from your boat and gear DRAIN – all water from your boat and gear onto land – all parts of your boat and gear completely

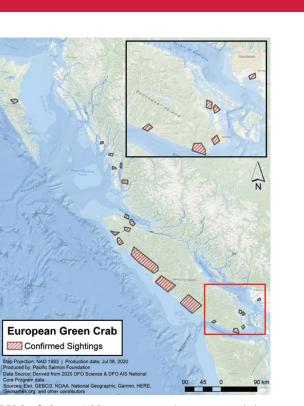
www.CleanDrainDry.ca



Fisheries and Oceans Canada Pêches et Océans Canada

STRAIT OF GEORGIA DATA CENTRE: WWW.SOGDATACENTRE.CA





DFO Pacific Region AIS Program is currently partnering with the Pacific Salmon Foundation to provide up-to-date maps, links to education and outreach materials and background on the DFO Salish Sea Early Detection Monitoring Network.

The Pacific Salmon Foundation has a keen interest in the European Green Crabs as this invasive species has the potential to adversely impact eelgrass beds. Eelgrass beds are critical habitat for rearing salmonids.

To see the most current confirmed sightings map and for more information on the DFO European Green Crab Monitoring Network go to: **www.sogdatacentre.ca/biota/aquatic-invasive-species** 

For additional information regarding the invasive European Green Crab and other marine Aquatic Invasive Species visit the DFO website www.dfo-mpo.gc.ca/species-especes/ais-eae/index-eng.html

### JOINT STATEMENT ON PROVINCE OF B.C.'S COVID-19 RESPONSE, LATEST UPDATES



Dr. Bonnie Henry, B.C.'s provincial health officer, and Stephen Brown, deputy minister of health, have issued the following joint statement regarding updates on the novel coronavirus (COVID-19) response in British Columbia:

"Today, we are announcing 96 new cases, including seven epilinked cases, for a total of 8,304 cases in British Columbia.

"There are 1,465 active cases of COVID-19 in the province, 3,314 people who are under active public health monitoring as a result of identified exposure to known cases and 6,589 people who tested positive have recovered.

"Currently, 61 individuals are hospitalized with COVID-19, 22 of whom are in intensive care. The remaining people are recovering at home in self-isolation.

"Since the start of the pandemic, there have been 2,984 cases of COVID-19 in the Vancouver Coastal Health region, 4,254 in the Fraser Health region, 203 in the Island Health region, 511 in the Interior Health region, 266 in the Northern Health region and 86 cases of people who reside outside of Canada. "There have been no new COVID-19 related deaths, for a total of 227 deaths in British Columbia. We offer our condolences to everyone who has lost their loved ones during the COVID-19 pandemic.

"There has been an outbreak in one unit at St. Paul's Hospital in Vancouver. In total, 12 long-term care or assisted-living facilities and four acute-care facilities have active outbreaks.

"There have been no new community outbreaks, although there continue to be community exposure events.

"Public alerts and school notifications are posted on the BC Centre for Disease Control's (BCCDC) website, as well as on health authorities' websites, providing details on where the potential exposure occurred and what actions to take – whether to self-isolate or monitor for symptoms.

"The start of fall is the time for all of us to regroup and reset our COVID-19 routines, and ready ourselves for the colder, wetter months ahead.



"As we move inside, the activities we choose to do and the layers of protection we use need to be adjusted to ensure we are protecting ourselves, our friends and family – especially those who are most vulnerable to severe illness.

"This means spending less time with others outside of our household bubble right now.

"We need to push our COVID-19 curve back down and keep the virus low and slow, so we can manage the many challenges that will come with the respiratory season."

### **Quick Facts:**

Assisted living, long-term care homes and seniors' rental buildings with ongoing COVID-19 outbreaks are as follows:

### Vancouver Coastal Health

- OPAL by Element assisted-living facility
- Point Grey Private Hospital long-term care facility
- Yaletown House long-term care facility

### **Fraser Health**

- Bear Creek Villa independent-living facility
- Cherington Place long-term care facility
- Evergreen Hamlets long-term care facility
- Kin Village assisted living facility
- Milieu Children and Family Services Society community-living facility
- New Vista Care Home long-term care facility
- Normanna long-term care facility
- Rideau Retirement Centre independent-living facility

### **Resources:**

For more information about BC's Restart Plan, visit: www.gov.bc.ca/ restartbc

For B.C.'s surgical renewal plan, visit: https://www2.gov.bc.ca/ gov/content/health/conductinghealth-research-evaluation/reportspublications

For mental health and anxiety support, visit: www.bouncebackbc. ca Or: www.anxietycanada.com

For guidance and information on self-isolation and self-monitoring, including how to isolate if you live with others, visit: http://www.bccdc. ca/health-info/diseases-conditions/ covid-19/self-isolation

For the provincial health officer's orders, notices and guidance, visit: www.gov.bc.ca/phoguidance

For the latest medical updates, including case counts, prevention, risks and testing, visit: http://www. bccdc.ca/ Or follow @CDCofBC on Twitter.

To learn where, when and how people with symptoms can be tested, visit: http://www.bccdc.ca/ health-info/diseases-conditions/ covid-19/testing

The COVID-19 self-assessment app, which includes details about where, when and how to be tested, can be downloaded here: https://bc.thrive. health/

To learn more about Fair PharmaCare, including coverage, how to request an income review and the monthly deductible payment option, visit: https://news. gov.bc.ca/files/Register\_for\_Fair\_ PharmaCare.pdf



A MESSAGE FROM THE DELTA POLICE DEPARTMENT

Just a REMINDER that the posted speed limit in much of the Tsawwassen First Nation Lands streets, including **Tsawwassen Drive and Blue Heron Way** are:





## ORANGE SHIRT DAY 2020

**Orange Shirt Day** is a legacy of the St. Joseph Mission (SJM) residential school commemoration event held in Williams Lake, BC, Canada, in the spring of 2013. It grew out of Phyllis' story of having her shiny new orange shirt taken away on her first day of school at the Mission, and it has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

The date was chosen because it is the time of year in which children were taken from their homes to residential schools, and because it is an opportunity to set the stage for anti-racism and anti-bullying policies for the coming school year. It also gives teachers time to plan events that will include children, as we want to ensure that we are passing the story and learning on to the next generations.

### Orange Shirt Day is also an opportunity for First Nations, local governments, schools and communities to come together in the spirit of reconciliation and hope for generations of children to come.

Contact **Andrea Jacobs** for shirt pick up if you need an orange shirt on **Tuesday, September 29th after 3:00pm** but please call first to provide sizes at 604-928-0879 or email ajacobs@tsawwassenfirstnation.com

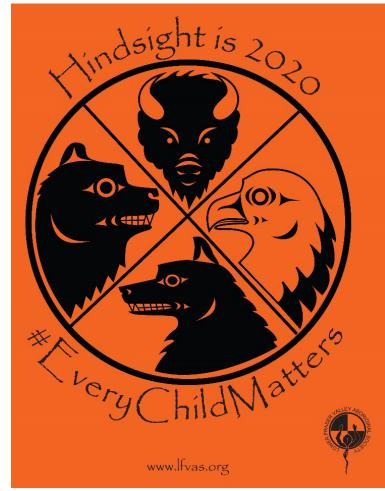
Take a photo with your Orange Shirt on and send it into us if you'd like it posted in the October 8th Community Newsletter! Just remember that if you're taking photos with family and friends, to please wear masks or physically distance. Because we don't know who is in everyone's bubble, we want to make sure everyone feels safe and to not encourage social gatherings.

Send your photos wearing your Orange Shirt to communications@tsawwassenfirstnation.com

Call ahead to get your T-shirt size in! 604-928-0879 or email ajacobs@tsawwassenfirstnation.com







Lower Fraser Valley Aboriginal Society is holding our annual Orange Shirt Day Sale in honour of Survivors of Residential Schools, and those who did not return.

Shirts cost \$15. To purchase please visit our website at www.LFVAS.org

Shirts can be picked up on Saturday September 26<sup>th</sup> from 1 to 3pm at our New Early Years Office 104 - 20644 Eastleigh Cres during our Open House

Secondary pick up will be Tuesday September 29<sup>th</sup> from noon to 6pm at our Housing Office 20685 56<sup>th</sup> Ave

Please preorder shirts online, no cash sales

We are honoured to live and work on the traditional unceded territories of the Katzie, Kwantlen, Matsqui and Semiahmoo First Nations

Early Years Office • 778-278-2006 • 104-20644 Eastleigh Cres, Langley BC V3A 4C4 Housing & Administration Office • 604-427-2664 • 20685 56<sup>th</sup> Ave, Langley BC V3A 3Y9 Lower Fraser Valley Aboriginal Society info@LFVAS.org • www.LFVAS.org





### Stay Strong. Stay the Course. Protect yourself and your loved ones





#### Where to go to get up to date information

Call 811 to speak with a Public Health Nurse if you do not have internet access

The BC Centre of Disease Control for information about:

- Information about COVID
- Prevention and risks
- Self-isolation

Visit bccdc.ca or search BCCDC COVID Direct link: http://www.bccdc.ca/health-info/diseases-conditions/covid-19

Visit the Fraser Health website for:

- General information
- Testing site location and hours
- Back to schools

Search Fraser Health COVID Direct link: https://www.fraserhealth.ca/COVID19#.X2KVT8uou3B

### Visit the First Nation Health Authority website for

- Information about
   COVID
- Prevention & protection

- Handwashing, masks & phones
- Infants
- Symptoms & testing
- Mental health & wellness
- Health benefits
- And more info

#### Search FNHA COVID Direct link:

https://www.fnha.ca/what-we-do/communicable-disease-control/coronavirus/public

### Visit Metis Nation BC for:

- Information about COVID
- Metis Nation BC's response
- Provincial & federal supports

- Health & wellness
- Metis Women & COVID

Frequently asked questions

And more info

Community connections

### Search MNBC COVID

Direct link: https://covid19.mnbc.ca/

Visit Healthlink BC for information about

### • Symptoms

- Common questions
- Handwashing

- General cleaning
- Public exposures

Search: healthlinkBC COVID or call 811 to speak with a Public Health Nurse Direct Link: <u>https://www.healthlinkbc.ca/health-feature/coronavirus-disease-covid-19</u>

Online COVID Self-Assessment Tool

Search: BC Covid self assessment tool Direct link: <u>https://bc.thrive.health/covid19/en</u>



Interested in a career in Security? Become one of our everyday heroes!

## JOIN THE WINNING TEAM!!!





Members of the Tsawwassen First Nation wishing to gain employment with GardaWorld Security Services, please reach out to our Administrative Team Lead, Nici McLean, to discuss Provincial Security Licensing Requirements and employment opportunities with GardaWorld. We look forward to hearing from you.

Nici McLean can be contacted at:

Email: nici.mclean@garda.com

Phone: 604-717-5580 ext. 3193





### Substance Use and Harm Reduction Learning Resources and Trainings

Cannabis Education Small-Group Session (UBC)

Sep 30 (Wed) 1730–1930, Oct 14 (Wed) 1730–1930, Oct 21 (Wed) 1730–1930, Oct 29 (Thu) 1100–1300 + more date & time options.

Target audience: All healthcare professionals. Max 16 per session.

Overview: Learn how to address patient questions and concerns related to the consumption of cannabis. Use case studies and clinical tools to develop management and follow up care plans that meet patient treatment goals. Each virtual session will be co-facilitated by a lead facilitator and a cannabis expert (no affiliations with commercial organizations).

### Talking about Stigma and Substance Use

Decolonizing Substance Use & Addiction | Len Pierre | TEDxSFU

A talk that explores the origins of addiction and substance use through an indigenous lens. To shed some light on today's overdose crisis in British Columbia, Len takes us through the missing context of indigenous peoples and discusses ongoing challenges that limit progress. Understanding how all of these pieces fit together is a critical step to decolonizing and creating lasting solutions to this community wide challenge.

Watch here: https://www.youtube.com/watch?v=j95ayhyadNE&feature=youtu.be

British Columbia College of Nursing Professionals: Overdose crisis resource centre

https://www.bccnp.ca/Standards/all\_nurses/resources/Pages/opioids.aspx

On April 14, 2016, B.C.'s provincial health officer declared a public health emergency under the Public Health Act due to the significant rise in overdose deaths reported in B.C.

This emergency continues into 2020, and has been further complicated by a second public health emergency declared March 17, 2020, in response to the COVID-19 pandemic.

During these dual public health crises, nurses are working in new ways with other health care providers, first responders, service groups, non-profit organizations, volunteers and others to provide care

**Perinatal Substance Use**" online training is launched and available. The training provides a foundation for evidence-based, woman-centred, trauma-informed, and culturally-safe care for women and infants affected by substance use as well as foundational learning for Eat Sleep Console - the nonpharmacological management of Neonatal Abstinence Syndrome.

You can find the course at https://ubccpd.ca/course/perinatal-substance-use

Links to Perinatal Substance Use Resources

- Addiction Care and Treatment Online Course: https://ubccpd.ca/course/addiction-care-and-treatment
- Cannabis Use During Pregnancy and Lactation (PSBC Practice Resource for Health Care Providers): http://www.perinatalservicesbc.ca/Documents/Resources/HealthPromotion/cannabis-in-pregnancy-pratice-resource.pdf
- Mothering and Opioids Toolkit: http://bccewh.bc.ca/wp-content/uploads/2019/11/CEWH-03-MO-Toolkit\_WEB\_Update-F.pdf
- Perinatal Substance Use Education, Training and Resource Asset List: http://www.bcwomens.ca/ Professional-Resources-site/Documents/Perinatal%20Substance%20Use/PSU%20Education%20 Repository.pdf
- Provincial Perinatal Substance Use Website: http://www.bcwomens.ca/health-professionals/
  professional-resources/perinatal-substance-use
- Treatment of Opioid Use Disorder During Pregnancy Guideline Supplement (PSBC/BCCSU): https:// www.bccsu.ca/wp-content/uploads/2018/06/OUD-Pregnancy.pdf



First Nations Health Authority Health through wellness

### **Developing Personal Wellness**

This is an online, closed group program offered by Tsow-Tun Le Lum to support our people and communities during the current COVID-19 restrictions.

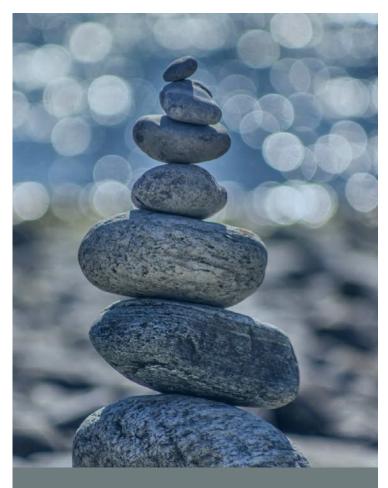


**Developing Personal Wellness** is a 3-week program. The group meets every week from <u>Tuesday to</u> <u>Friday</u>, for two hours each day. (1:00 p.m. to 3:00 p.m.)

The program introduces healthy coping skills to support individuals in their recovery. Some of the areas we will explore are:

- Self-Care
- Grounding
- Mindfulness Practices
- Setting Healthy Boundaries
- Identifying Personal Triggers
- Elders' Teachings.
- \* Individual counselling is available upon request
- \* Consent and commitment are required to participate
- \* A signed Confidentiality Agreement is required to participate

START Date				LETION Date	Program Length	
Tuesday	8 September, 2020	Program #1	Friday	25 September, 2020	3 weeks	EC
Tuesday	8 September, 2020	Program #2	Friday	25 September, 2020	3 weeks	JB
Tuesday	29 September, 2020	Program #3	Friday	16 October, 2020	3 weeks	JB
Tuesday	29 September, 2020	Program #4	Friday	16 October, 2020	3 weeks	JH
Tuesday	20 October, 2020	Program #5	Friday	6 November, 2020	3 weeks	JH
Tuesday	20 October, 2020	Program #6	Friday	6 November, 2020	3 weeks	JB
Tuesday	10 November, 2020	Program #7	Friday	27 November, 2020	3 weeks	JB
Tuesday	10 November, 2020	Program #8	Friday	27 November, 2020	3 weeks	EC
Tuesday	1 December, 2020	Program #9	Friday	18 December, 2020	3 weeks	EC
Tuesday	1 December, 2020	Program #10	Friday	18 December, 2020	3 weeks	JB
Tuesday	22 December, 2020	Program #11	Friday	8 January, 2021	3 weeks	JB
Tuesday	22 December, 2020	Program #12	Friday	8 January, 2021	3 weeks	JH
Tuesday	12 January, 2021	Program #13	Friday	29 January, 2021	3 weeks	JH
Tuesday	12 January, 2021	Program #14	Friday	29 January, 2021	3 weeks	JB





Indigenous Cultural Services

Services provided by Elders, Cultural Advisors, and Community Service Providers include the sharing of knowledge and cultural protocol around ceremony and cultural practices for stronger client interactions and supporting cultural events. Furthermore, they provide a link between Indigenous community members inclusive of First Nation, Métis and Inuit.

#### Referrals can be made by:

- individual clients
- family members
- friends
- health professionals

#### When to call:

- to refer Indigenous clients
- to ask questions regarding any aspect of Aboriginal Health Services

Cultural Services can be accessed by contacting the Aboriginal Health Liaison toll-free line at 1-866-766-6960



### Current Employment & Training Opportunities for TFN Members Updated September 24, 2020

There are several options for viewing the full job descriptions of opportunities listed below... **In print:** In the Employment Opportunities binder at the TFN Admin Building reception area

- Online: On the Employment Opportunities page of the TFN website, or by subscribing to the weekly Community Notice & Employment Opportunities email. (Contact communications@tsawwassenfirstnation.com or TFN Communications at 604-948-5245 to subscribe.)
- Contact Terry Baird, Employment Coordinator: 604-948-5310 or 604-999-7740 email tbaird@tsawwassenfirstnation.com

#### **Tsawwassen First Nation**

Policy Analyst (Full-Time)

Posted September 24, Open until filled

Regulatory Compliance and Enforcement Officer (Full-Time 6 month Contract)

• Posted September 24, Open until October 1

General Labourers – TFN Members (Part-time) Contact <u>Terry Baird</u> for any inquiries

Posted September 17

WWT II Operator (Full-time 18 month contract with possibility of extension)

• Posted September 10, Open until filled

Land Development Engineer (Full-Time)

• Posted September 3, Open until filled

Various Labourer Opportunities – Youth Centre Project & Tidewater

• Posted September 24 – Please contact Terry Baird for more information

#### **El Benefits for TFN Members**

If Members require assistance with EI applications, please contact Terry Baird at 604.999.7740

#### **TFN/KPU Farm School**

Learn farming on the Tsawwassen First Nation Farm School – April – October on Wednesday – Friday

#### **Burnaby Family Life**

In Reach Worker- Healthy Care Pregnancy Program (Full-time 12 month Contract)

• Posted September 10, Open until filled

#### **City of Burnaby**

Senior Job Evaluation Analyst (Full-time)

Posted September 10, Open until filled

#### Matcon Civil Constructors

Construction Safety Officer (Full-time Contract)

• Posted August 6, Open until filled

#### Lower Fraser Valley Aboriginal Society

#### Aboriginal ECE/Respite Worker

Posted May 28, Open until filled

Aboriginal Head Start Preschool Coordinator

• Posted May 28, Open until filled

#### **Pacific Gateway Constructors**

#### Gradesperson (Full-Time)

- Posted July 2, Open until filled
- Civil Construction Labourers (Full-Time)
  - Posted July 2, Open until filled

#### Civil Foreperson (Full-Time)

• Posted July 2, Open until filled

#### Flagger Traffic Control Person (Full-Time)

Posted July 2, Open until filled

#### **Pattullo Bridge Replacement Project**

Various labour job opportunities – ongoing Please see Community Notice for descriptions of job postings. Contact <u>Terry Baird</u> for any inquiries

#### BCIB

Coordinator, Indigenous Communities

• Posted March 5

#### Amazon (Tsawwassen Lands)

Warehouse Team Members

Please contact Terry Baird for more information

#### **BA Blacktop Contractors**

Various Job opportunities - 2020

#### Ideal Welders Ltd.

Various Welder opportunities (Annacis Island)