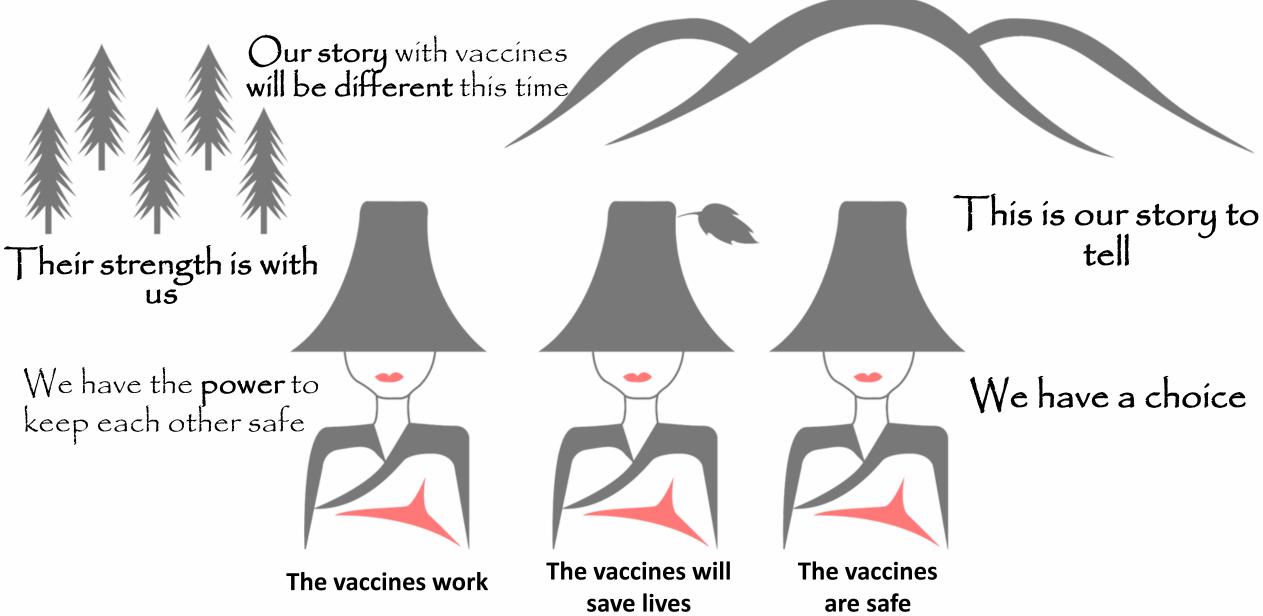
The Covid-19 Vaccine Answering Your Questions

First Nations Health Authority
Fraser Region



Our Ancestors Walk with Us



This is YOUR choice. Your Right.

Informed Consent

What is it?

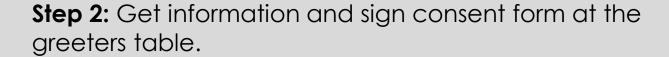
Knowing what is going on (the plan) before making a decision to move forward or to not move forward.

Before you go for your vaccine (if you choose to), you will be asked to fill out a consent form.



What to expect:

Step 1: Please arrive wearing a mask to keep each other safe. Bring 2 pieces of ID. Your health care card number can be found on your drivers license or BC I.D.



Step 3: Receive immunization and immunization card (a second dose will be required). Please keep and bring your immunization card with you for the second dose.

Step 4: Sit and relax for 15 minutes. A snack will be provided as you leave.

FNHA will have cultural workers on site for extra support











Immunization Record Card

- Please keep this with you to show that you have received the COVID-19 vaccine
- This will be important for when you are traveling
- Bring the card with you when you come back for second dose

Better health. Best in health care.	COVID-19 nization Record
Name:	
Dose 1 Vaccine Received	Pfizer Moderna Other
Lot #:	Date vaccine given:
	pointment to have your 2 nd dose of vaccine 2
· ·	vill have the best protection after two doses.
Second appointment date	:
	Pfizer Moderna Other
Dose 2 Vaccine Received	

Consent Form



The part you fill out:

		YYYY	MMM	DD	Agent	Lot Number	Body Site
D		₩.			er mRNA BTM16252 Serna mRNA-1273		Left Arm Right Arm
Paris	VID19 Vaccination		get Group CW Physician		LTC Target Grou		
CLIENT TO FILL IN	VID 15 Vaccination		rint name)	Signati	ire .		Designation
Last Name	First Name				Risk Factors		
Sex Male Female X	Birthdate (YYYYMM)	A(DD)	11				
Care Card Number / PHN	Phone		int name)	Sign	ature		Designation
Address	City	Postal Code	11,		AEFI form and sub	omission to Public He 4e.	ealth ASAP
I identify as an indigenous person Yes No	Choose not to answer						
Clinician to Con	nplete Remainder of Form		_				

París LIENT TO FILL I		Report of COVID	119 Vaccination	×		
Last Name			First Name			
Sex Male Female X		Birthdate (YYYY/MMM/DD)				
Care Card Number / PHN		Phone				
Address		City	Postal Code			
ONSENT / DISSE			Choose not to answer te Remainder of Form			
CARRELL PROPERTY	Effective From (date)			Consent		
	MMM	DD	☐ Consented ☐ Refused			
	MMM			head		
Effective From (da	MMM		If Refused, reason for ref	4941		
Effective From (da YYYY Given / Refused B	y tute Decision Maker (Other	Method of Consent			

Which Path Will You Take?

CHOOSE **TO** TAKE THE COVID VACCINE

Greatly reduces the risk of contracting Covid-19.

Widespread immunization is the best way to protect people from Covid-19

Builds Community Immunity

As more people get vaccinated, we can return to activities that haven't been possible during the pandemic

CHOOSE **NOT** TO TAKE THE COVID VACCINE

Receiving the vaccine is a personal choice

Higher risk of contracting Covid-19

Must be diligent with following Covid-19 protocols

FNHA's Medical Officers strongly recommend that Indigenous people opt to get the vaccine when they are offered one

How does the vaccine work?

Who Is Exempt?

- Those who have anaphylactic reactions to medicine/non-medicine ingredients found in the Covid-19 vaccine.
 Medications will be on site in the rare case of anaphylactic reaction.
- Full list of ingredients will follow this slide.
- Those pregnant or breastfeeding should discuss getting the vaccine with medical practitioner.

Ingredients in Pfizer and Moderna Vaccines

Pfizer-BioNTech:

messenger ribonucleic acid (mRNA), lipids ((4-hydroxybutyl)azanediyl) bis(hexane-6,1-diyl)bis(2-hexyldecanoate), 2 [(polyethylene glycol)-2000]-N,N-ditetradecylacetamide, 1,2-Distearoyl-sn-glycero-3-phosphocholine, and cholesterol), potassium chloride, monobasic potassium phosphate, sodium chloride, dibasic sodium phosphate dihydrate, and sucrose.

Moderna:

messenger ribonucleic acid (mRNA), lipids (SM-102, polyethylene glyc ol [PEG] 2000 dimyristoyl glycerol [DMG], cholesterol, and 1,2-distearoyl-sn-glycero-3-phosphocholine [DSP C]), tromethamine, tromethamine hydrochloride, acetic acid, sodium acetate, and sucrose

Potential Side Effects

- pain at injection site
- tiredness
- headache
- muscle and/or joint pain
- chills
- fever

Note: these are only potential side effects; you may experience only one, a few or even none of the above side effects after the vaccine

There are medications on site where vaccine is given incase sever allergic reaction did occur

Post Vaccine - Wait 15 mins

Anaphylactic reactions will usually happen within 15 minutes of taking the vaccine, which is why you are <u>REQUIRED</u> to wait the full 15 minutes.

Anaphylactic reactions are serious and will require you to seek a health care provider for treatment.

What should I do after I get the vaccine?

You will still be required to continue to follow public health requirements

- Wash your hands or use hand sanitizer
- Physical distance
- Wear a mask



If you develop respiratory symptoms (runny nose, cough, sore throat, shortness of breath, etc.) and/or stomach symptoms (nausea, vomiting, diarrhea) you need to be tested for COVID-19 infection. Contact your health care provider or call 8-1-1 for advice.

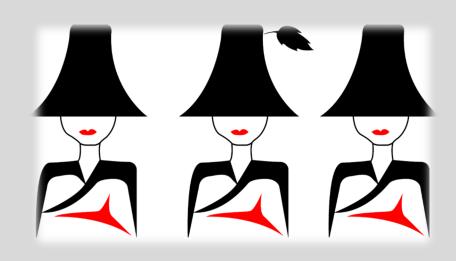
Why get vaccinated if I still have to

wear a mask and physically distance?

You are not fully immune to Covid-19

After the **first dose**, you are partially (not yet fully) immune to Covid-19.

After second dose it goes up to 94.5%!



A few important notes!

 Once the first dose is received it is very important to commit the second dose! This is so your body can build an immune response to the COVID-19 spike protein. You will be notified when the second dose occurs.

 The vaccines in community (that we are organizing for this week as part of the phased approach) will not occur again. This next opportunity will be available when the vaccine is being offered to the general public.

STANDING TOGETHER

EMPOWER each other

ENCOURAGE conversation not accusation about the vaccine

KINDNESS costs us nothing but can gain us everything

RESPECT and seek the KNOWLEDGE of our Elders

SUPPORT your Elders, family, and friends

SEEK the truth

Take time to **EDUCATE** yourself
on the vaccine

RESEARCH the vaccine & learn the facts

Who to Call

FNHA Doctor of the Day: **1-855-344-3800** (Medical Office Assistants are available to help, 7 days a week, 8:30am to 4:30pm)

8-1-1 is a free-of-charge provincial health information and advice phone line available in **BC**. The 8-1-1 phone line is operated by HealthLink **BC**, which is part of the Ministry of Health.

Seeking the truth!

This link has a few facts about the COVID-19 immunization program, and reminders about the Public Health Officer (PHO) orders:

https://www.fraserhealth.ca/health-topics-a-to-z/coronavirus/covid-19vaccine#.X_if1RalY2w

Who to Call

✓ Wellness System Navigators

Marilyn Dalton (<u>Marilyn.Dalton@fnha.ca</u>) (778) 684-1728 Nardia Brown (<u>Nardia.Brown@fnha.ca</u>) (604) 831-2651

√ Family and Youth Wellness System Navigators

Deanna Rabeneck (<u>Deanna.Rabeneck@fnha.ca</u>) (604) 250-2385 Jennifer Charchun (<u>Jennifer.Charchun@fnha.ca</u>) (778) 347-3538

√ Community Wellness Initiatives Facilitators

Jennifer Heaven (<u>Jennifer.Heaven@fnha.ca</u>) (604) 812-7680 Nadine Mross (<u>Nadine.Mross@fnha.ca</u>) (604) 226-8261

√ Community Support

Tracey Jirak (tracey.jirak@fnha.ca) (604) 319-2979

Community Checklist

First Nations Health Authority (FNHA) is here to support this process to make vaccination in community safe and respectful

- ☐ Provide community with information materials from FNHA
- Prepare to provide population data and registration details (names of those registered to be vaccinated)
- □ Identify who will be available for vaccine preparation calls
- □ Identify or provide vaccination site or collaboration with neighbouring community
- ☐Provide security staff if needed

Community Checklist Cont'd...

- □ Arrange transportation (if needed) to the vaccination site
- □Support the scheduling process
- □Support contingency planning (back-up list to receive the vaccine if there are extra doses; alternate arrangements should weather prevent access to the vaccination site on the day the vaccine is scheduled to arrive)
- □Direct those with questions to the sources of truth
- □ Prepare to make arrangements for second dose

Frequently Asked Questions...

- Do the COVID-19 vaccines have human and animal cells or blood products?
- Can I get the COVID-19 vaccine if I have allergies or had a reaction to a vaccine in the past?
- How is the vaccine given?
- Can I get other vaccines at the same time or after my COVID-19 vaccine?
- Is the vaccine safe for pregnant/breastfeeding mothers?

More information can be found on the Immunize BC website:

https://immunizebc.ca/covid-19-vaccine-frequently-asked-questions



